

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	Crunch platter - selection of seasonal fruit, vegetables, cheese & crackers	Homemade choc coconut muesli with fruit & natural yoghurt	Crunch platter - selection of seasonal fruit, vegetables, cheese & crackers	Breakfast crumble with homemade custard / natural yoghurt	Homemade baked beans with toast fingers
BABIES MORNING TEA (8-12 months*)	Softened carrot, sweet potato, apple & cheese	Quinoa porridge with softened pear	Softened pumpkin, cauliflower, banana & cheese	Breakfast crumble with homemade custard	Brown rice porridge with softened apple
AFTERNOON TEA	Fruit pizzas	Homemade dips with vegetable sticks and crackers	Wraps with seasonal fruit platter	Orange cinnamon loaf & veggie sticks	Berry bites & fruit
BABIES AFTERNOON TEA (8-12 months*)	Fruit with natural yoghurt	Softened vegetable sticks & cheese	Natural yoghurt with seasonal fruit	Orange cinnamon loaf	Raw berry bites

*The babies menu is for children aged around 8 - 12 months and will depend upon each child's individual needs.

